

Social Attention Research Group

## Social Attention in Autism Spectrum Disorders: Past, Present, and Future Research

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## Today

- What is social attention, and how is this affected in Autism Spectrum Disorders (ASD)?
- What methods are needed for understanding how these processes operate in the real world?
- How can this research inform intervention?

#### What is social attention?

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#### What is social attention?



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 Intrinsic interest in other people, and where those people are attending Copyright 2014 Elina Birmingham

 Social attention is so robust and emerges so early on in typical development that it is considered to be a fundamental skill in social development (Tomasello, 1995)

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- Early social attention in infants predicts later language development (Brooks & Meltzoff, 2005)
  - Creating a shared frame of reference for word learning





 Social attention contributes to social competence by coordinating attention with others we are showing interest in what they are doing and learning about the world





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#### Social Attention in ASD

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- Children with ASD are less likely than typically developing children to appropriately follow:
  - the head turn of an adult (e.g., Dawson et al., 1998;
    2004; Leekem et al. 1997; 1997)
  - the pointing gesture of an adult (Baron-Cohen et al.,1996; Landry & Lovelamd, 1988)
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## Social Attention Theory of ASD

- Atypical developmental prioritization of attending to and processing information about other people impedes social learning and the development of language, social cognition, and social competence in affected individuals
  - Mundy, 1995, 2003; Mundy & Neal, 2000
  - Dawson et al., 1998; Dawson et al., 2004

## Social Attention Theory of ASD



#### Social learning

- Language development
- Social cognition
- Social competence

## Social Attention Theory of ASD



#### Social learning

- Language development
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### Evidence

- Social attention impairment in ASD is a significant predictor of:
  - delayed language development (Mundy, Sigman, & Kasari, 1990)
  - symptom severity (Mundy, Sigman & Kasari, 1994)
  - slow development of a theory of mind (Charman et al., 2000)
  - long-term social and communication deficits (Sigman & Ruskin, 1999)

# How do researchers measure social attention?

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• Naturalistic studies of gaze following with small children.





Experimenter establishes eye contact with child

Experimenter averts her gaze to look at an object to the left or the right

The child's response is noted

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## Limitations of naturalistic studies

- Lack of precise control over timing of cues
- Not appropriate for older children (e.g., school-aged)
  - Most of what we know about social attention is from research on infants and toddlers
  - Little to no research on school-aged children
  - As a result, research-based interventions targeting social attention are lacking for school-aged children

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  - As a result, research-based interventions targeting social attention are lacking for school-aged children
- Need a paradigm that can be used across a variety of age groups

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#### The Gaze Cueing Paradigm





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#### Cued target trial



Х





#### Uncued target trial



#### Social attention: typically developing

• People attend automatically to gaze direction



#### Social attention: typically developing

- People can't ignore these gaze cues, even though they are irrelevant to the task (e.g., Friesen & Kingstone, 1998)
- Suggests there is a "reflexive" tendency to attend to where others are looking

#### Social attention in ASD

 This paradigm was soon applied to the ASD population with the expectation of finding reduced or absent gaze cueing effects



#### Social attention in ASD

 Instead, the vast majority of this research (13/17 studies) found that gaze cuing effects are similar in ASD and Typical Development



#### Social attention in ASD

• This is true even for young children who showed severe gaze following impairments in the real world (Chawarska et al., 2003)



# Conflicting findings?

 The results from lab studies are very different from how we see children with ASD responding in more "real-world" studies





# Conflicting findings?

- The results from lab studies are very different from how we see children with ASD responding in more "real-world" studies
- What's going on?





#### Two stages of social attention



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## Two stages of social attention

(1) Select the eyes



## Two stages of social attention

- (1) Select the eyes
- (2) Shift our attentionfrom those eyes towhere those eyesare looking



# Preselecting the cue

- The cueing paradigm is designed to examine the 2<sup>nd</sup> stage only
- Cue is "preselected" for the observer
- The observer is forced to select the gaze cue and its direction



# Selecting the eyes

 Hypothesis: much can be learned about social attention and the special status of eyes by measuring the selection of eyes (gaze selection) from complex environments



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#### **Research on Stage 1: Gaze Selection**

#### Eye tracking



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#### 0000000 ms

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# Using gaze selection to measure social attention

- Do typically developing observers preferentially select the eyes of others from complex scenes?
- Do typically developing observers select the eyes to determine people's attentional states?

# Research on Typical Development

- Look at the picture
- **Describe** the picture
- Social attention: Where are people in the picture directing their attention?\*\*
- \*\* "Gaze"/"looking"/"eyes" not mentioned in instruction

### **Regions of Interest**



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#### Task x Region



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## Task: Look



#### Task: Describe



#### Task: Social attention



## Task: Look



### Task: Describe



### Task: Social attention



# Summary

- Preferential bias to select the eyes
- This bias is enhanced by the task to infer the attentional states of people in the picture
- Observers understand eye gaze to be important for determining where people are attending
- Gaze selection is a key component of social attention

# Examining gaze selection for social attention in ASD



# Examining gaze selection for social attention in ASD

- Is the bias for eyes reduced in ASD? (Consistent with early clinical profile)
- Do adults with ASD understand the eyes to be informative about where someone is attending?
- **Neutral** what kind of room is this?
- **Describe** describe the picture.
- Social Attention where are people directing their attention?

#### **Context: Image**



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#### Context: Task



CopyBirmingham, Cerr & Adolphs 2011, Social Neuroscience

#### Heat Maps

#### Typical





#### <sup>Copy</sup>Birmingham, Cerf & Adolphs 2011, Social Neuroscience

ASD

# Summary

- Reduced attention to the eyes in the ASD group was present, but only for a subset of scenes
- For this subset of scenes, individuals with ASD did not increase their examination of the eyes to infer the attentional states of other people

# The role of gaze selection in ASD

- These findings suggest that the most striking aspect of the social attention abnormality in ASD is **not** how individuals process social cues (gaze) that have already been selected for them (e.g., by an experimenter).
- Rather, the difference lies in the likelihood or way in which they seek out and select such information in the first place

# Real World Social Attention Study

 Can we examine these two processes, gaze selection and gaze following, in more ecologically valid settings?

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# Real World Social Attention Study

- Goal: observe social attention in an interactive task designed to measure spontaneous shifts of attention
- How do children with ASD <u>select and follow</u> social attention cues?
- What is the nature of atypical social attention in ASD?

• Dr. Grace larocci



• N=26

ASD n=17 (high functioning: i.e., IQ >80)TD n=11 (matched for group IQ and age)

- Age range: 8-15 years
- Mean age
  - ASD, M=11.7 years
  - TD, M=11.8 years





- Child wore an eye tracker and played a card game (UNO, Go Fish) with an experimenter (Krista Johnston)
- Krista pseudo-randomly averted her gaze (head turn)
  Cue lasted for 10s or until response
- This was a very natural cue happened seamlessly within the social interaction
- Designed to measure child's spontaneous monitoring of play partner's attentional state
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### Video: child with ASD playing "go fish"

### Video: child with ASD playing "go fish"



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## Measures of interest

 How likely are children with ASD to follow Krista's head turn?

• Frequency measure:

<u># times followed</u>

total # trials
#### **Results: Frequency of Gaze Following**

ASD = TD



The groups were <u>equally likely</u> to follow Krista's head turn cue

Contrasts with the notion that kids with ASD are uninterested in where people are attending

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# What about when gaze selection is considered?

# What about when gaze selection is considered?

• Measured the latency to look at Krista (relative to the onset of the cue)



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### Results: Latency to Look at Krista

ASD > TD



The ASD group was <u>slower</u> overall than the TD group to initially look at Krista

F(1,25)=4.9, p<0.04

#### **Results: Latency to Follow Gaze Cue**

ASD > TD



This also meant that the ASD group was overall slower to notice and follow Krista's gaze cue.

F(1,25)=14.07, p<0.001

# Summary

- School-aged children with ASD were just as likely as TD children to follow the gaze cue
- Children with ASD were <u>slower</u> to notice and respond to the cue
- Not a case of "is it there, or isn't it?"
  - Timing of the behavior is key to understanding ASD-related abnormalities in older children

# Implications

- Measuring gaze selection reveals important ways in which social attention is affected in ASD
- This is lost in studies measuring gaze following in isolation



### Slower to select $\rightarrow$ slower to follow

• May miss out on important social cues in rapidly changing, dynamic social environments



• Significant negative repercussions for social communication

# Implications

• Jarrold et al. (2013): social attention (avatar selection) within a virtual reality environment



 The extent to which children <u>selected</u> the avatars predicted parent reports and objective measures of learning in the classroom

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### Interventions

- Target social cue <u>selection</u> as a key mechanism that contributes to social attention in ASD
  - The speed, in particular, with which social cues are selected and processed

- Future research should determine the impacts of
  - contextual variables, e.g., Mirenda et al. (1983): monologues vs. dialogues
  - Individual differences



## Thank you











SIMON FRASER UNIVERSITY THINKING OF THE WORLD









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